

Dear Practice,

I am a carer/caregiver who provides care to someone who could not cope without me. The care I give is unpaid.

In recognition of this important role, Gateshead Local Authority, the ICB and Caregivers Connected Service are encouraging all GP practices to register carers known to their practice and any new carers identified within the practice.

**Please use one of the codes below to record me as a caregiver:  
To understand the definition of a caregiver, see below.**

SNOMED Code	Description	Definition
224484003	Is a Carer.	Person who provides unpaid care for a family member, partner or friend who requires support due to their illness which could be one or more of the following: frailty, physical disability, learning disability, mental health illness or Alcohol/substance dependant therefore support.
302767002	Is a Carer	Person who provides unpaid care for a family member, due to their illness which could be one or more of the following: frailty, physical disability, learning disability, mental health illness or Alcohol/substance dependant therefore support.

I would also appreciate it if you could let me know whether the Practice has any information or support available for carers/caregivers, for example a Carers Champion, Social Prescribing Link Worker contact details or details of local services.

I would ask that my caregiving responsibilities are considered if I ever ask for some flexibility around appointment times or communication. The information below will be useful in supporting me.

Carer/Caregiver's Name: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

Address: \_\_\_\_\_

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

I give consent for a copy of this letter to be stored with my GP practice.

NB: this is ONLY to be given to your GP practice – do not share this information with anyone else.